

GRAVES' DISEASE FOUNDATION

*Educate * Encourage * Empower*

P. O. Box 2793 • Rancho Santa Fe, CA • (877) 643-3123

Signs & Symptoms

Thyroid Disease

An Illustrative Example

Hypothyroidism

- Tiredness
- Depression
- Forgetfulness
- Loss of Lateral Brow
- Puffy Face and Eyes
- Dry, Coarse Hair
- Goiter
- Compromised Immune System
- Slow Heartbeat
- Dry Skin
- Cold Intolerance
- Weight Gain
- Libido Changes
- Heavy Menstrual Periods
- Constipation
- Joint Pain
- Brittle Nails



Hyperthyroidism

- Nervousness
- Irritability
- Difficulty Sleeping
- Extreme Fatigue
- Bulging Eyes
- Unblinking Stare
- Painful Eyes
- Tearing
- Goiter
- Proximal Muscle Weakness
- Compromised Immune System
- Rapid Heartbeat
- Increased Sweating
- Heat Intolerance
- Unexplained Weight Loss
- Libido Changes
- Scant Menstrual Periods
- Hyperdefecation
- Muscle Weakness
- Warm, Moist Palms
- Fine Tremors of Fingers and Hands

Signs & Symptoms | Thyroid Disease - Male Adult

Hypothyroidism

- Tiredness
- Depression
- Forgetfulness
- Loss of Lateral Brow
- Puffy Face and Eyes
- Dry, Coarse Hair
- Goiter
- Compromised Immune System
- Slow Heartbeat
- Dry Skin
- Cold Intolerance
- Weight Gain
- Libido Changes
- Constipation
- Joint Pain
- Brittle Nails



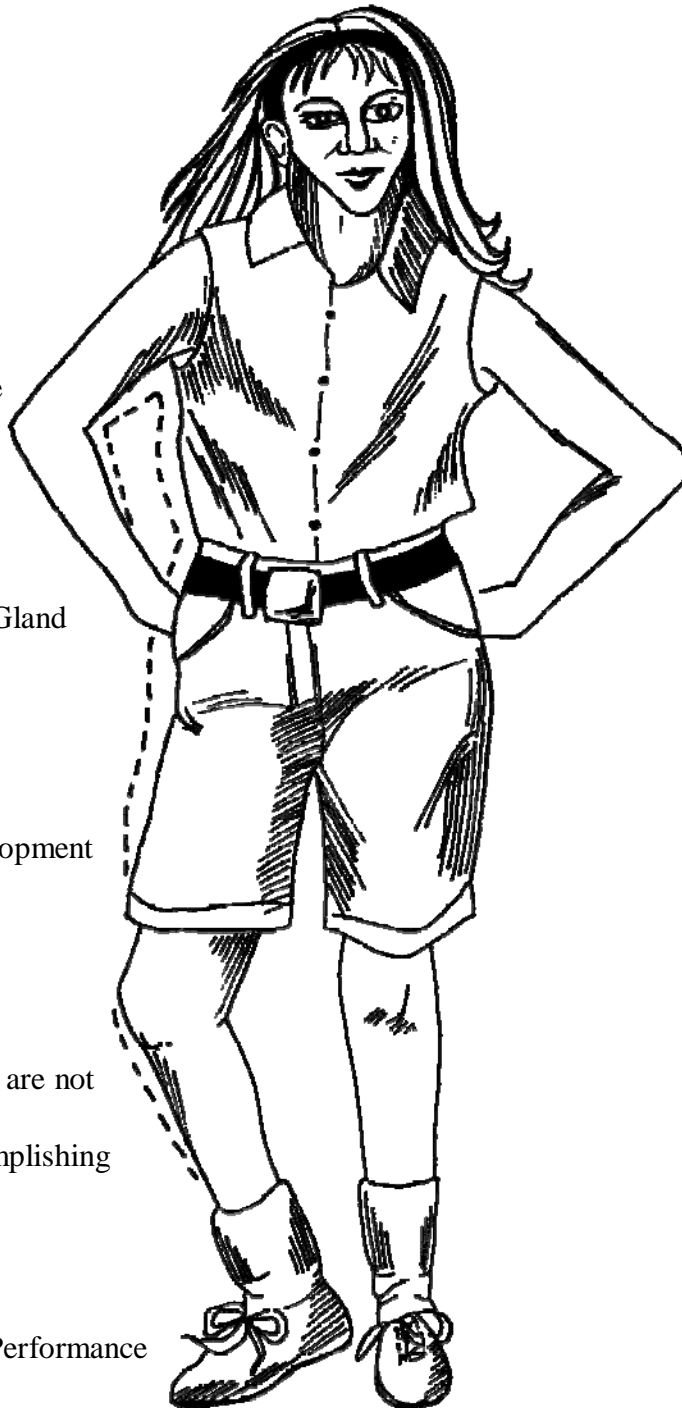
Hyperthyroidism

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- Unexplained Weight Loss
- Libido Changes
- Hyperdefecation
- Muscle Weakness
- Warm, Moist Palms
- Fine Tremors of Fingers and Hands

Signs & Symptoms | Thyroid Disease - Female Teenager

Hypothyroidism

- Coarse Hair
- Puffy Eyes
- Growth Failure
- Observable Fatigue
- Depression
- Slowed Thinking
- Enlarged Thyroid Gland
- Dry Skin
- Weight Gain
- Early Breast Development
- Slow Heart Rate
- Irregular Periods
- Cold, when Others are not
- Slowness in Accomplishing Tasks
- Constipation
- Declining School Performance



Hyperthyroidism

- Thin Hair
- Enlarged Eyes
- “Stare”
- Interrupted Sleep Patterns
- Erratic Thought Patterns and Behaviors
- Enlarged Thyroid Gland
- Difficulty Swallowing
- Weight Loss
- Fatigue
- Rapid Heart Beat
- Increased Blood Pressure
- Muscle Weakness
Can’t Climb Stairs
- Hot, When Others are Not
- Tremors
- Hyperdefecation
- Irregular School Performance

Signs & Symptoms | Thyroid Disease - Female Child

Hypothyroidism

- Coarse Hair
- Puffy Eyes
- Growth Failure
- Observable Fatigue
- Short Stature
- Water Retention
- Slowed Thinking
- Enlarged Thyroid Gland
- Dry Skin
- Weight Gain
- Slow Heart Rate
- Constipation
- Lethargic
- Cold, when Others are not
- Slowness in Accomplishing Tasks
- Declining School Performance

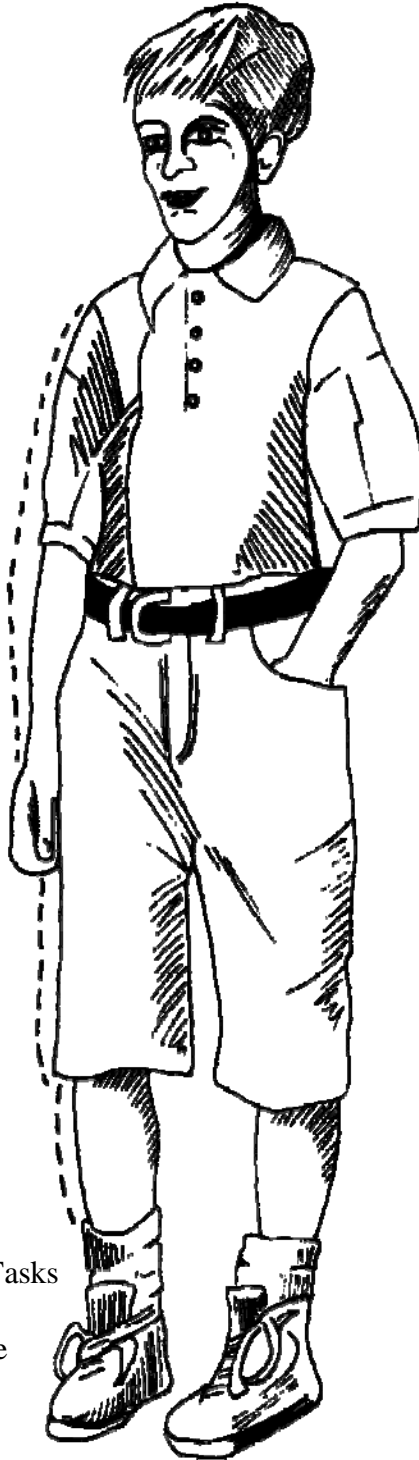


Hyperthyroidism

- Hair Changes, Thin Hair
- Enlarged Eyes
- “Stare”
- Interrupted Sleep Patterns
- Increased Activity
- “Jittery” “Anxious”
- Enlarged Thyroid Gland
- Difficulty Swallowing
- Increased Appetite
- Weight Loss
- Fatigue
- Rapid Heart Beat
- Diarrhea
- Muscle Weakness
- Increased Blood Pressure
- Hot, When Others are Not
- Irregular School Performance

Hypothyroidism

- Coarse Hair
- Puffy Eyes
- Growth Failure
- Observable Fatigue
- Short Stature
- Depression
- Slowed Thinking
- Enlarged Thyroid Gland
- Dry Skin
- Weight Gain
- Slow Heart Rate
- Irregular Periods
- Cold, when Others are not
- Constipation
- Slowness in Accomplishing Tasks
- Declining School Performance



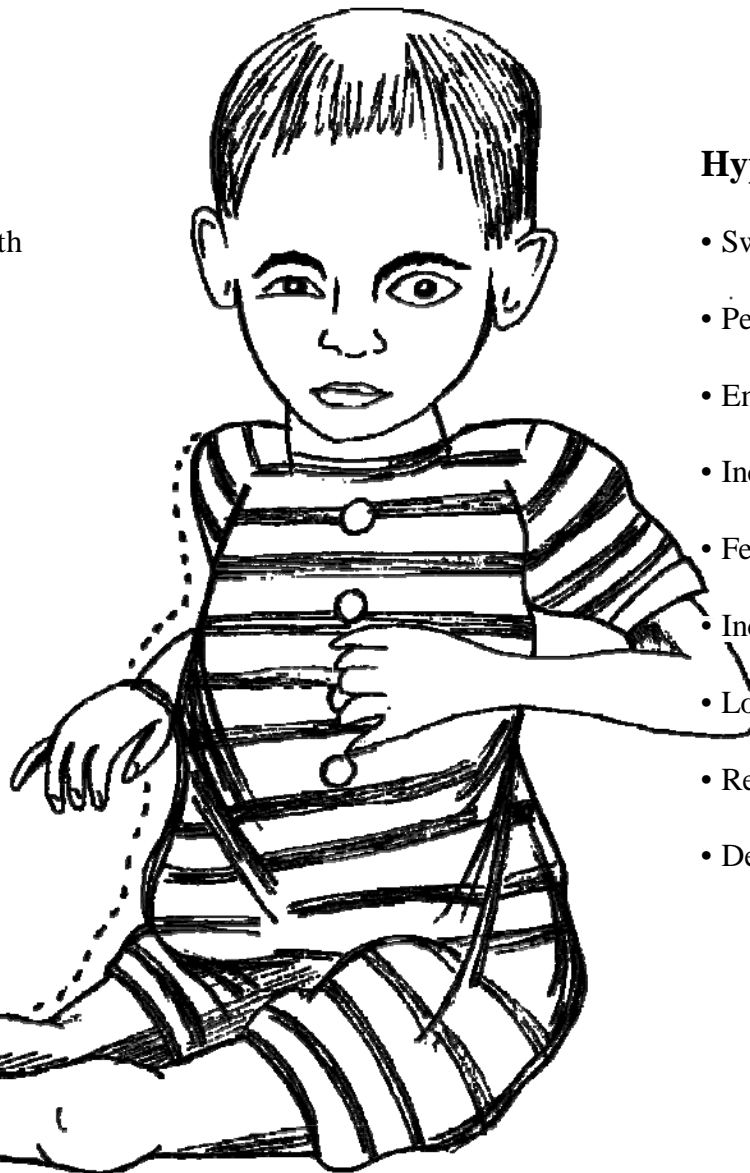
Hyperthyroidism

- Thin Hair
- Enlarged Eyes
- “Stare”
- Interrupted Sleep Patterns
- Increased Activity
- Erratic Thought Patterns and Behaviors
- Enlarged Thyroid Gland
- Difficulty Swallowing
- Increased Appetite
- Weight Loss
- Fatigue
- Rapid Heart Beat
- Increased Blood Pressure
- Muscle Weakness
Can’t Climb Stairs
- Hot, When Others are Not
- Tremors
- Hyperdefecation
- Irregular School Performance

Signs & Symptoms | Thyroid Disease - Infant

Hypothyroidism

- Failure of Hair Growth
- Feeding Difficulty
- Hoarse Cry
- Lack of Activity
- Thick Tongue
- Swollen Belly
- Constipation
- Lethargic
- Increased Sleep
- “Good Baby”



Hyperthyroidism

- Swelling Around Eyes
- Persistent “Stare”
- Enlarged Thyroid Gland
- Increased Irritability
- Feeding Difficulties
- Increased Appetite
- Low Weight Gain
- Restless
- Decreased Sleep

Acknowledgements

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